

WHEN YOU NEED HELP

CONTACT US



Did you know
LRSN is here to help
Lincolnshire's agricultural
and rural community?



Lincolnshire Rural Support Network



WHEN YOU NEED HELP



CONTACT US



We're here to help

Don't suffer in silence, contact us at LRSN to talk through your problem

1

Ring our Helpline

0800 138 1710

Go to our drop-in centres, or visit our website, www.lrsn.co.uk, or Facebook page for contact details and information about the services we offer



Discuss your options

Who ever you contact will discuss your options and explain how we can help you. LRSN offers...

- A professional, dedicated and well trained workforce drawn from an agricultural background
- A proven track record of service delivery
- A co-ordinated approach to wellbeing and health
- Excellent referral pathways with partner organisations

2



3

Casework or Health Screening

Choose which service you wish to be referred to



4

A service tailored to your needs

Once you have been referred we will arrange for you have your own caseworker and/or to see our nurse to discuss your own needs.

5

Back on track

Your caseworker and/or nurse will work with you until you are back on track and can focus on the future again.





Why come to LRSN?



**Quick
response**



**Help
wherever
you are**



**A listening
ear**



**Helpline
open
everyday**



**Service
tailored to
your needs**



**Nationally
accredited**

Our Services



**Telephone
Helpline**



**Health
Screening**



Casework



**Drop-in
Advice Centres**

We know we can always trust LRSN to be there



Our family was falling apart at the seams. My husband, an insulin dependant diabetic, was petrified to seek help about prostate problems and my dyslexic son, 30 years old, and a partner in our small livestock farm had a nervous breakdown after a relationship broke down. I didn't know where to turn. I am sure that without the combined help of Heather, the nurse and LRSN's team of volunteer caseworkers neither would be here today.

Statutory services were unable to respond to our needs as farmers with busy harvest time and animals and they just didn't seem to understand how to help us or fit us in. After 18 months we can finally see light at the end of the tunnel.

We know we can always trust LRSN to be there encouraging and supporting us to get through.



LRSN Service User

Lincolnshire Rural Support Network

Lincolnshire Rural Support Network,
c/o Lincolnshire Agricultural Society, Lincolnshire Showground,
Grange-de-Lings, Lincoln, LN2 2NA

Head of Charity Direct Line: 07725 203560

Email: amy.thomas@lrsn.co.uk

Helpline:

0800 138 1710

www.lrsn.co.uk

Registered Office: Lincolnshire Showground,
Grange-de-Lings, Lincoln, LN2 2NA
Registered Charity No.:1137678
Company Registration No.:07182183